

September

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 LABOR DAY	8 AM: Veggie Straws & Applesauce PM: Cheese Sticks & Crackers	9 AM: Yogurt & Raisins PM: Granola Bars	10 AM: Pirates Booty & Craisins PM: Pretzels	11 AM: Apples & Oreos PM: Animal Crackers	12
13	14 AM: Goldfish & Fruit PM: Pretzels	15 AM: Animal Crackers & Raisins PM: Pirates Booty	16 AM: Cucumbers & Ranch & Wheat Thins PM: Cheez-Its	17 AM: Mini Muffins & Bananas PM: Veggie Straws	18 AM: Applesauce & Pretzels PM: Chips & Salsa	19
20	21 AM: Yogurt & Graham Crackers PM Nilla Wafers	22 AM: Raspberries & Cereal PM: Breakfast Bars	23 AM: Apples & Animal Crackers PM: Pirates Booty	24 AM: Veggie Straws & Applesauce PM: Cheese Sticks & Crackers	25 AM: Carrots/Dip & Pretzels PM: Cereal & Yogurt	26
27	28 AM: Veggie Straws & Applesauce PM: Goldfish	29 AM: Yogurt & Graham Crackers PM Nilla Wafers	30 AM: Pretzels & Blueberries PM: Granola Bars			

Milk and Water are offered at every meal. Goldfish or pretzels are always available as an alternative.